

# FARAH AQIL

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## CAREER OBJECTIVE

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To offer my services to a result oriented organization where hard work and commitment is honored and reward is given on the basis of performance and achievement, an organization offering a challenging work environment and long term career.

## ACADEMICS

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Qualification	Year	Board/Degree	Grade/Division
MS Clinical Psychology	2022	Foundation University, Rawalpindi Campus	1 <sup>st</sup> div
M.Sc. Applied Psychology	2014	Quaid-i-Azam University	I <sup>st</sup> div
B.Sc.	2012	Punjab University	I <sup>st</sup> div
HSSC (Pre-medical)	2010	KRL Model College Kahuta (Federal board)	I <sup>st</sup> div
SSC (Science Group)	2008	KRL Model College Kahuta (Federal board)	I <sup>st</sup> div

## TECHNICAL SKILLS

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### Software's/Tools

- SPSS
- Mendeley
- Microsoft word
- Microsoft Excel
- Power point

## DISTINCTIONS/ACHIEVEMENTS

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- Topper of M.Sc Applied Psychology (in part I and II) exams held by Quaid-i-Azam University (2013 and 2014).
- Awarded by following for master's program

- i. Gold medal**
- ii. Roll of Honour**
- iii. Best Student Award**
- iv. 4 subject prizes**
- v. Cash prize**
- vi. 7 Merit Certificates**

### **CARRIER ACCOMPLISHMENTS & EXPERIENCE**

- Served as Acting Chairperson, Department of Psychology, Women University Mardan (19<sup>th</sup> Dec 2022-30<sup>th</sup> June 2023)
- Served as Member of Board of Studies “Department of Psychology” Women University Mardan.
- Served as Managing Editor of International Journal of Psychological and Behavioral Research (IJPBR), Women University Mardan.
- Serving as Editor of International Journal of Psychological and Behavioral Research (IJPBR), Women University Mardan.
- Served as Critic (Inspector) in affiliated colleges for the final term examinations spring 2018
- Serving as In-charge of Psychology Developmental Lab-Daycare-Playgroup, Women University Mardan.
- Serving as Social Analyst in Institutional Biosafety Committee (IBC), Women University Mardan.
- PT member of SAR, Department of Psychology.
- Member of “Urdu Society” Women University Mardan.
- Member of “Food/Refreshment sector” Women University Mardan
- Member of Canteen Committee, Women University Mardan.
- Member of Auction Committee, Women University Mardan.
- Organized and supervised the 1<sup>st</sup> Exhibition (Model & Poster) on Psychological Management of Disaster and Community Psychology in Women University Mardan.
- Served as In-charge of Clinical Internship Committee, Department of Psychology, Women University Mardan.

- Served as Additional Deputy Director of ORIC, Women University Mardan
- Served as In-charge of “Sports Club” Women University Mardan.
- Served as Warden and Assistant Warden of Girls Hostel, Women University Mardan.
- Served as Focal person for Women University Mardan students’ participation in National Youth Carnival, Mega Challenge 2017.
- Facilitated the event of Women Employability Summit-2019 organized by the Center for Awareness Training and Development (CATD) in Women University Mardan.
- Provided services in organizing “Anti-Narcotics day-2017” in Women University Mardan.
- Provided services in organizing “Spring festival-2017” in Women University Mardan.
- Provided services in organizing “Sports week-2017” in Women University Mardan.
- Provided services in organizing “Research week-2017” in Women University Mardan
- Provided services in representing Women University Mardan in "The News Education Expo-2017” Peshawar. The University secured the second position in the Expo.
- Organized “Iqbal Day” in 2017 and 2018 in Women University Mardan.
- Member of Annual Report Committee, 2018 in Women University Mardan.
- Provided services in the Admission section for Psychology Department admissions continuously for 5 years (2019-2022) in Women University Mardan.
- Provided services in organizing “Women Day- 2018 & 2021” in Women University Mardan
- Member of the organizing committee for the KP IMPACT CHALLENGE one week program (2018) organized by LUMS in Women University Mardan.
- Member of the organizing committee of One-Day Interactive Workshop of Associate Degree Program For Affiliated Colleges held on 14<sup>th</sup> October 2019 in Women University Mardan.
- Member of the organizing committee of Mental Health Awareness Day on 22<sup>nd</sup> October 2019 in Women University Mardan.
- Session moderator of 3<sup>rd</sup> International Conference: Empowering the Nation Through Sciences held on 24<sup>th</sup>-25<sup>th</sup> April 2019 of Women University Mardan.

- Session moderator of two days International Conference on “Emerging Trends in Education and Social Sciences (online) held on 9<sup>th</sup>-10<sup>th</sup> June 2021 at Women University Mardan.
- Provided services in organizing “Winter festival-2021” in Women University Mardan.

## **PARTICIPATIONS**

- Cascade member of Pak-Afghan US consortium training “How to transform Curricula and Teaching Practices:21<sup>st</sup> Century Classroom” (2021-2022).
- As Resource Person for training on “How to transform Curricula and Teaching Practices:21<sup>st</sup> Century Classroom” organized under project Pak-Afghan Universities Consortium 2021 in cascade training session I and II.
- Certificate of Participation in 1<sup>st</sup> International Multidisciplinary Conference on “Embracing change and transformation in society” organized by the University of Haripur 7<sup>th</sup>-9<sup>th</sup> June, 2022.
- Attended One Day training workshop on “Self-assessment Report” arranged by the Quality Enhancement Cell (QEC), Women University Mardan (May 11, 2022)
- Certificate of Participation in 3<sup>rd</sup> International Conference on “Empowering nations through Sciences” organized by Women University Mardan (24<sup>th</sup> -25<sup>th</sup> April, 2019)
- Organizer of a workshop on “Associate Degree Program for Affiliated colleges” in Women University Mardan, on 14<sup>th</sup> Oct, 2020.
- Certificate of Facilitating the Women Employability Summit 2019 organized by Centre for Awareness, Training and Development and Women University Mardan on 20<sup>th</sup> and 21<sup>st</sup> February 2019, at Women University Mardan.
- Session moderator of 3<sup>rd</sup> International Conference: Empowering the Nation Through Sciences held on 24<sup>th</sup> -25<sup>th</sup> April 2019 of Women University Mardan.
- Session moderator of two days International Conference on “Emerging Trends in Education and Social Sciences (online) held on 9<sup>th</sup> -10<sup>th</sup> June 2021 at Women University Mardan.
- Participated in a One-day interactive workshop on “Self-Assessment Report making” held on 29<sup>th</sup> January 2019 arranged by Quality Enhancement Cell, Women University Mardan.

- Attended one-day training workshop (2018) on Employability Skills to address Presentation and Communication Skills, CV Writing, Job Hunting Techniques & Strategies, organized by Center for Awareness Training and Development (CATD) in Women University Mardan.
- Participated in two days training course for SHE CAN (2018) supported by USAID small grants and Ambassador's Fund Program, in Women University Mardan.
- Participated in a One-day training workshop for a program team member on Self-Assessment Report "SAR" held on 11<sup>th</sup> October 2018 arranged by Quality Enhancement Cell, Women University Mardan.
- Certificate of Participation in I<sup>st</sup> International Conference on Emerging Trends in Psychology: Preparing for 21<sup>st</sup> Century in Foundation University Islamabad (18-19, December 2017).
- Participated in 2 days training event of WOMEN CAN DO-II organized by Shaoor Foundation for Education and Awareness in Women University Mardan. (5<sup>th</sup> -6<sup>th</sup> March, 2018)
- Participated in Youth-Led Change making and Social Entrepreneurship training course arranged by British Council and YES Network Pakistan in Women University Mardan. (1<sup>st</sup>-2<sup>nd</sup> March 2018).
- Attended Five Days workshop on Women in Leadership and Management: Opportunities and Challenges in Fatima Jinnah Women University Rawalpindi (January 22-26 2018).
- Attended One Day training workshop on "Self-assessment Report" arranged by the Quality Enhancement Cell (QEC), Women University Mardan (November 27, 2017)
- Participated in One day Workshop on Thematic Apperception Test held on July 29<sup>th</sup>, 2017 Organized by Mental Health Professionals Training Forum at Bahria Town, Islamabad.
- Organized a seminar on Anti-Narcotics Day held at Women University Mardan.