

SUNILA RAISHAD

LECTURER IN PSYCHOLOGY

CONTACT

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EDUCATION

MS Clinical Psychology
Foundation University
Islamabad

September 2020 - September
2022

Post Graduate Diploma in
Clinical Psychology

Islamia College University
Peshawar

March 2013 - March 2014

M.Sc. Applied Psychology

University of the Punjab ,Lahore

August 2010 - August 2012
Passed with distinction.

SKILLS

Teaching, Psychological
Assessment, Counseling,
Psychotherapy, Assessment
Report Writing

INTERESTS

Teaching, Research, Counseling
and Psychotherapy

LECTURER IN PSYCHOLOGY SUMMARY

- Teaching different subjects
- Research Supervision
- Clinical Internship Supervision
- Counseling
- working on research articles

PROFESSIONAL EXPERIENCE

LECTURER

- Women University Mardan / October 2016- Present
- Teaching different subjects related to psychology
- Member of Discipline Committee, Women University Mardan.
- Member Research Ethical Committee, Women University Mardan.
- Member Career counseling committee, Women University Mardan.
- Supervised many research students (Topics related to positive psychology, health psychology and clinical psychology)
- Supervised 7 students from M.Sc. Psychology for the session 2016-2018 and 2017-2019 Supervised 8 students from BS (2018-20) M.Sc. programs (2018-2020)
- Supervised 9 students from BS (2017-21)
- Supervised 12 students from BS (2018-22)
- Organized different seminars, workshops and mental health awareness programs
- working as Managing Editor at International Journal of Psychological and Behavioural Research (IJPBR)

PSYCHOLOGIST

Fazaia Inter College, Kohat / March 2016 - September 2016
7 months

VISITING LECTURER

Islamabad Model College for Girls I-8/3, Islamabad

PUBLICATION

- Title of Research: Relationship between playing violent video games and aggression among youth of Mardan. Title of Journal: **International Journal of Psychological and Behavioural Research (IJPBR)** Year of publication: 2021

TRAINING AND CERTIFICATIONS

- Certificate of Participation in 7th International Conference on "Positive Psychology: Developing a Flourishing Community" organized by National Institute of Psychology, Quaid-e-Azam University Islamabad, 2018.
- Certificate of Participation in 6th International Conference on "Psychology of Gender in Perspective: Issues and Challenges" at National Institute of Psychology, Quaid-e-Azam University Islamabad, 2016.
- Session moderator of 3rd International Conference: Empowering the Nation Through Sciences held on 24th -25th April 2019 of Women University Mardan.

- Session moderator of two days International Conference on "Emerging Trends in Education and Social Sciences (online) held on 9th -10th June 2021 at Women University Mardan.
- Participated in a One-day interactive workshop on "Self-Assessment Report making" held on 29th January 2019 arranged by Quality Enhancement Cell, Women University Mardan.
- Attended one-day training workshop (2018) on Employability Skills to address Presentation and Communication Skills, CV Writing, Job Hunting Techniques & Strategies, organized by Center for Awareness Training and Development (CATD) in Women University Mardan.
- Participated in two days training course for SHE CAN (2018) supported by USAID small grants and Ambassador's Fund Program, in Women University Mardan.
- Participated in a One-day training workshop for a program team member on Self-Assessment Report "SAR" held on 11th October 2018 arranged by Quality Enhancement Cell, Women University Mardan.
- Certificate of Participation in Ist International Conference on Emerging Trends in Psychology: Preparing for 21st Century in Foundation University Islamabad (18-19, December 2017).
- Participated in 2 days training event of WOMEN CAN DO-II organized by Shaoor Foundation for Education and Awareness in Women University Mardan. (5th -6th March, 2018)
- Participated in Youth-Led Change making and Social Entrepreneurship training course arranged by British Council and YES Network Pakistan in Women University Mardan. (1st -2nd March 2018).
- Attended Five Days workshop on Women in Leadership and Management: Opportunities and Challenges in Fatima Jinnah Women University Rawalpindi (January 22-26 2018).
- Attended One Day training workshop on "Self-assessment Report" arranged by the Quality Enhancement Cell (QEC), Women University Mardan.(November 27, 2017)